ARCADIA HIGH SCHOOL

Student Code of Ethics

FORM 3

Code of Ethics for Participation in Co-Curricular and Extra-Curricular Programs

Activities are an integral part of the school's total educational program. All school activities, co-curricular and extra-curricular, in the classroom and on the playing field, must be congruent with Arcadia High School's goals and objectives which are established for the intellectual, physical, social and moral development of our students. It is within this context that the following code of ethics is presented.

As a representative of Arcadia High School, I understand that it is my responsibility to:

- ◊ Place academic achievement as the highest priority
- ◊ Show respect for teammates, opponents, officials, and advisors/coaches
- ◊ Respect the integrity and judgment of officials or judges.
- ◊ Exhibit fair play, sportsmanship and proper conduct on and off the playing field, in the classroom, or other locations as determined by the competition or program.
- ◊ Maintain a high level of safety awareness.
- ◊ Refrain from the use of profanity, vulgarity, and other offensive language and gestures.
- ◊ Adhere to the established rules and standards of the game, competition, or contest to be played or participated in.
- ◊ Respect all equipment and use it safely and appropriately.
- ◊ Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association. (Attachment must be signed).
- ◊ Know and follow all State, C.I.F. section (athletics), and school rules and regulations pertaining to extra-curricular or co-curricular eligibility and participation.
- ◊ Win with character, lose with dignity.

Code of Ethics-Substance Abuse Policy

I will not use, sell, and be in possession in any amount or under the influence of:

- alcohol (.01 or more)
- any form of tobacco
- an illegal or look alike substance as listed in Chapter 2 of Division 10 of the health and safety code
- a controlled substance without a prescription *during the regular school day or at any school related activity*

I will be immediately removed from any form of participation pertaining to the organization(s) represented by the code of conduct. Reinstatement will only occur upon my completion of the terms and conditions of the 1st offense.

I understand that school rules pertaining to other disciplinary action will also apply and that as a student representing Arcadia High School in a co-curricular or extra-curricular program, I accept the responsibility of being held accountable to the highest standards of behavior and conduct related to substance abuse.

1st offense- during the student's entire enrollment at Arcadia High School

a. Write a 3 page paper outlining the reasons and facts of the violation in an honest and forthright manner. How the consequences to this action will affect myself, my family and my advisor/ teammates, and how I hope to grow emotionally from this experience.

b. attend an intervention program related to the offense

c. Complete school or community service in the amount of 6 hours.

d. Attend a mandatory summary conference with my parents, coach or advisor and the Assistant Principal of Athletics/Activities.

2nd offense- during the student's entire enrollment at Arcadia High School will result in **removal** from the team/organization for the remainder of the season. The student would be eligible to rejoin the team/organization at the start of the next season. If between athletic seasons, or in the case of an organization with no distinct seasons, the ineligible period would be one calendar year from the date of the offense.

3rd offense- will result in **permanent removal** from the extra-curricular program(s) for the duration of the student's enrollment at Arcadia High School.

Anabolic Steroids and Performance Enhancing Drugs Supplements BP 5131.63 (b)

The student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition. A student who is found to have violated the agreement of this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

Informed Consent-Awareness of Sports Injury Risk - Warning and Agreement

- By its very nature, competitive athletics can put students in situations in which SERIOUS, CATASTROPHIC, and perhaps FATAL accidents occur.
- Students and parents/guardian must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; participation in athletics is inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated.
- By granting permission to your son/daughter to participate in athletic competition, a parent or guardian acknowledges that playing or practicing in any sport can be a dangerous activity involving MANY RISKS OF INJURY. Both the athlete and parent must understand that the dangers and risks of playing or practicing to play include but are not limited to, death, complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones, joints, ligaments muscles, tendons and other aspects of the skeletal system and potential impairment to other aspects of the body, general health and well being.
- Because of the dangers of participating in sports, we (parent and player) recognize the importance of following coaches' instructions regarding playing techniques, training, equipment and other team rules, etc. both in competition and practice and agree to obey such instructions.
- If any of the foregoing is not completely understood and you have questions, please contact the A.H.S. Athletic Director or Assistant Principal in charge of Athletics for further information.

By your signing this consent to participate you are acknowledging that you have read the above statement and understand it thoroughly. It is not a waiver of your right to pursue litigation in the event of negligence.

I have read and understand the provisions of all the agreements and policies for Arcadia High School

Student Last Name	Student First Name	M.I.	Grade	ID #

Student Signature	Date	Parent/Guardian Signature	Date
x		x	

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FORM 4

ARCADIA HIGH SCHOOL

Athletic Parents' Code of Ethics

(Adapted from the National High School Athletic Coaches Association)

David Vannasdall
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Michael Gordon
Athletic Director
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As athletic administrators and coaches, we feel that parents play a vital role in the development of student athletes. Therefore, we believe in the following and expect that as a parent of an Arcadia High School athlete you will abide by the following:

- **Be a positive role model through your own actions to make sure your child has the best athletic experience possible.**
- **Be a "team" fan, not a "my kid" fan.**
- **Weigh what your children say; they will tend to slant the truth to their advantage.**
- **Show respect for the opposing players, coaches, spectators and support groups.**
- **Be respectful of all official's decisions.**
- **Don't instruct your children before, during or after a game or practice, because it may conflict with the coach's plans and strategies.**
- **Praise student-athletes in their attempt to improve themselves as students, as athletes and as people.**
- **Gain an understanding and appreciation for the rules of the contest.**
- **Recognize and show appreciation for an outstanding play by either team.**
- **Help your child learn that success is oriented in the development of a skill, and should make a person feel good about themselves, win or lose.**
- **If you as a parent have a concern, take time to talk with coaches in an appropriate manner including proper time and place. Be sure to follow the designated chain of command (Arcadia High Athletic Complaint Procedure).**
- **Please reinforce our drug and alcohol free policies by refraining from the use of any controlled substances before and during athletic contests.**
- **Remember that a ticket to a school athletic event is a privilege to observe the contest.**
- **Booster Clubs exist to support the athletic teams. Whenever possible parents are encouraged to participate in and support fundraisers that benefit all student athletes.**

I have read and agree to abide by these principles as a parent of an athlete.

Student Last Name	Student First Name	ID Number	Sport(s)/Activity(ies)
Mother/Guardian Last Name	Mother/Guardian First Name	x Signature	Date
Father/Guardian Last Name	Father/Guardian First Name	x Signature	Date

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